

# MOTHER'S CLUBS TRAINING

The IFRC Livelihoods Center has developed the following training to promote and implement Mothers' Clubs, a holistic approach that favors the financial inclusion and the economic empowerment of women, as well as the resilience of communities.

F1

F2

F3

## Mothers' Club Approach

## Implementation of the Mothers Club Approach

## Collective Income Generation Activities or Micro-entrepreneurship (IGA/ME)

### Objective:

Learn about the "Mothers' Club" approach of the RC/RC Movement, definition, history, the impacts of the approach, as well as the stages of implementation and key aspects to consider for its institutionalisation in the National Society.

Participants will learn about the role of Mothers' Clubs in women's financial access, and the multi-sectoral benefits of the approach for Mothers' Club members and their communities.

The session consists of two parts: a first part aimed at raising awareness and advocating the use of the approach; and a second part aimed at understanding its implementation: stages of execution from the training of local teams to the set up and emancipation of the Mother's Club.

### Objective:

Acquire the necessary knowledge for the implementation of the approach and practical tools for community mobilisers to set up and support Mothers' Club groups.

Participants will learn the necessary steps for the creation of these groups and will develop skills for the effective management and support of these groups.

The training consists of 5 modules:

1. Definition of Mothers' Club approach and its components.
2. Steps for the creation of Mothers' Clubs.
3. Operation, management and support of the savings and credit component (according to the VSLA model).
4. Learning about the community mobilisation component, communication mechanisms and grassroots awareness-raising issues.
5. Basic knowledge of Income Generating Activities (IGA), management and registration tools, and recommendations for effective support.

### Objective:

Acquire the necessary knowledge and tools for the development of collective Income Generation Activities or Micro-entrepreneurship (IGA/ME) of Mothers' Clubs to develop and strengthen their economic emancipation. Based on Micro-entrepreneurship Programmes training.

Participants will learn in a practical way the necessary steps for the implementation of collective IGAs, from the selection of the IGAs according to market opportunities, their implementation taking into account not only the productive aspects of the IGA, but also the coordination aspects of the group, and the follow-up and accompaniment.

The training consists of 5 modules that explain:

1. Introduction to IGA/ME programmes
2. Identifying IGA/ME opportunities
3. Designing IGA/ME programmes
4. Implementation of IGA/ME, including business plan development; in-kind (or input) support and technical and management capacity building support, etc.
5. Evaluation and monitoring of the performance of economic initiatives.



Decision-makers and Programme Coordinators



Community mobilisers and volunteers involved in setting up and supporting Mothers' Clubs, and future trainers who will replicate the training.



Flexible to suit different audiences. It can be adapted for Delegates, Programme Coordinators, Supervisors and Implementers or community mobilisers.



Time: 6 hours



Time: 5 days (30 hours)



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