



## ERLA I - HOUSEHOLD ECONOMIC SECURITY: DESIGN AND PLANNING

Online Training  
6 weeks

The IFRC Livelihoods Resource Centre (LRC) is pleased to announce a new edition of the online course **ERLA I - Household Economic Security (HES): Design and Planning** for volunteers and staff of National Societies, IFRC and ICRC

### Training Overview

The course, structured around the Household Economic Security (HES) methodology, provides participants with the knowledge and tools necessary to design and conduct a livelihoods needs assessment to improve interventions to protect, restore, diversify, and strengthen livelihoods.

### Who should attend?

Volunteers and staff with experience in programming, but with limited or no experience in livelihoods, who are interested in acquiring further capacities in this area. Applicants with some expertise in program design and implementation will be prioritized.

### Time commitment

Participants must dedicate an average of 7 hours per week during the 6 weeks of training (about 40 hours for assigned reading and practical exercises).

### Certificate

Upon successful completion of the course, participants will receive a certificate from the IFRC Livelihoods Resource Centre.

### Cost

The course has a cost of 200 EUR per person, but is free of charge for all selected participants as costs are covered by the Spanish Red Cross.



### Methodology

The course combines theory and practical exercises, and is guided by an experienced tutor who provides feedback on the exercises, clarifies questions, and carries out a weekly evaluation through the six weeks of the training.



### How to apply?

- To apply interested candidates must complete the questionnaire available on the LRC website ([HERE](#)) **by October 20th, 2025.**
- Applications must include contact details of a **senior supervisor** who endorses the application of the candidate.
- Due to the high number of applications, **only selected candidates** will receive a **confirmation email.**

### When?

The training is from **November 12th to December 17th, 2025**



### Contact

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